
Toni Liechty: Curriculum Vitae

Assistant Professor
Department of Recreation, Sport and Tourism
University of Illinois at Urbana-Champaign
104 Huff Hall, 1206 South Fourth St
Champaign, IL 61820

E-mail: tliechty@illinois.edu
Tel: (217)300.0105

RESEARCH INTERESTS

Body image and leisure/physical activity
Leisure and embodiment
Leisure and health/well-being
Leisure across the lifespan

EDUCATION

Ph.D. (Aug. 2009) The Pennsylvania State University
Major: Leisure Studies/ Minor: Bio-behavioral Health
Dissertation: *Body Image and Leisure among Older Women*

M.Sc. (May 2004) Brigham Young University
Major: Recreation Management and Youth Leadership
Thesis: *Body Image and Beliefs About Appearance: Maternal Influences and Resulting Constraints on Leisure of College-Age Women*

B.S. (May 2002) Utah State University
Major: Parks and Recreation/ Minor: Business Administration

PROFESSIONAL EXPERIENCE

2014-present Assistant Professor
Department of Recreation, Sport & Tourism
University of Illinois at Urbana-Champaign
Champaign, IL

2013-2014 Assistant Professor
Department of Parks, Recreation, & Tourism Management
Clemson University
Clemson, SC

2009-2013 Assistant Professor
Faculty of Kinesiology & Health Studies
University of Regina
Regina, SK

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- 2005-2009 Graduate Research Assistant/Instructor
Department of Recreation, Park & Tourism Management
The Pennsylvania State University
University Park, PA
- 2004-2005 Activity Leader and Ship's Mate
Florida National High Adventure Sea Base
Boy Scouts of America
Summerland Key, FL
- 2002-2004 Graduate Research Assistant
Department of Recreation Management & Youth Leadership
Brigham Young University
Provo, UT
- 2000-2002 Athletics Director/Program Director
Camp Kingsmont
West Stockbridge, MA

RESEARCH

Peer Reviewed Publications

- Liechty, T., Sveinson, K., Willfong, F., Evans, K. (in press). "It doesn't matter how big or small you are...there's a position for you": Experiences of body image among female tackle football players. *Leisure Sciences*.
- Liechty, T., Mowen, A. J., Payne, L. L., Henderson, K. A., Bocarro, J. N., Burton, C., & Godbey, G. (2014). Public park and recreation managers' experiences with health partnerships. *Journal of Park and Recreation Administration*, 32(2), 11-27.
- Liechty, T. & Ribeiro, N. F., Sveinson, K., & Dahlstrom, L. (2014). "It's about what I can do with my body": Body Image and Embodied Experiences of Aging among Canadian Men. *International Journal of Men's Health*, 13(1), 3-21.
- Liechty, T., Dahlstrom, L., Sveinson, K., Son, J., & Rossow-Kimball, B. (2014). Canadian men's perceptions of leisure-time physical activity and the aging body. *Qualitative Research in Sport, Exercise, and Health*, 6(1), 20-44. DOI: 10.1080/2159676X.2012.712990
- Liechty, T. & Genoe, M. R. (2013). Older men's perceptions of leisure and aging. *Leisure Sciences*, 35(5), 438-454. DOI: 10.1080/01490400.2013.831287

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- Barbosa, C., Liechty, T., & Perdercini, R. (2013). Restrições ao lazer feminino: Particularidades das experiências de lazer de mulheres homossexuais/ Leisure constraints for women: The leisure experiences of homosexual women. *Licere*, 16(2), 1-22. Available at www.eeffto.ufmg.br/licere.
- Liechty, T. (2012). "Yes, I worry about my weight...but for the most part I'm content with my body": Older women's body dissatisfaction alongside contentment. *Journal of Women and Aging*, 24(1), 70-88. DOI: 10.1080/08952841.2012.638873
- Liechty, T., Yarnal, C. M., & Kerstetter, D. L. (2012). "I want to do everything!": Leisure Innovation among Retirement-Age Women. *Leisure Studies*, 31(4), 389-408. DOI:10.1080/02614367.2011.573571
- Genoe, R., Liechty, T., & LeDrew, J. E. (2011). "When it's my time, I tend to just sit": Challenges and opportunities for healthy active living among mature women. *International Journal of Health, Wellness and Society*, 1(3), 55-70.
- Yarnal, C. M., Son, J., & Liechty, T. (2011). "She was buried in her purple dress and her red hat and all of our members wore full 'Red Hat Regalia' to celebrate her life": Dress, embodiment and older women's leisure. *Journal of Aging Studies*, 25(1), 52-61. DOI:10.1016/j.jaging.2010.08.006
- Kerstetter, D. L., Mowen, A. J., Trautwein, N. E., Graefe, A. R., Liechty, T., & Zielinski, K. D. (2010). Visitors' opinions of who should provide services and amenities in state parks. *Journal of Park and Recreation Administration*, 28(4), 21-36.
- Liechty, T., & Yarnal, C. M. (2010). The role of body image in older women's leisure. *Journal of Leisure Research*, 42(3), 443-467.
- Liechty, T., & Yarnal, C. M. (2010). Older women's body image: A life course perspective. *Ageing and Society*, 30(7), 1197-1218. DOI: 10.1017/S0144686X10000346
- Liechty, T., Ribeiro, N. F., & Yarnal, C. M. (2009). 'I traveled alone, but never felt alone': An exploration of the benefits of a women's group tour experience. *Tourism Review International*, 13(1), 17-29. DOI: <http://dx.doi.org/10.3727/154427209789130611>
- Coyne, S. M., Archer, J., Eslea, M., & Liechty, T., (2008). Adolescent perceptions of indirect forms of relational aggression: Sex of perpetrator effects. *Aggressive Behavior*, 34, 1-7. DOI: 10.1002/ab.20266
- Liechty, T., Freeman, P. A., & Zabriskie, R. B. (2006). Body Image and Beliefs about Appearance: Constraints on the Leisure of College-Age and Middle-Age Women. *Leisure Sciences*, 28(4), 311-330. DOI: 10.1080/01490400600745845

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Papers under Review

Genoe, M. R. & Liechty, T. *Using our whole selves: Our experiences with reflexivity while researching a community arts-based leisure program*. Manuscript submitted for publication.

Evans, K., Walters, K., Liechty, T., LeFevour, K., Coyne, S. M. *The social construction of pregnancy: A leisure perspective*. Manuscript submitted for publication.

Non Refereed Publications

Liechty, T. & Genoe, M. R. (in press). Aging and leisure. In G. Ritzer (Ed.), *Encyclopedia of Sociology, 2nd Edition*. Wiley Blackwell.

Baker, B., Liechty, T., Covelli, E. A., Trauntvein, N., & Mowen, A. (in press). Introduction to sport and recreation. In T. G. Reeve (Ed.) *Introduction to Physical Education, Exercise Science, and Recreation*. Beijing, China: Educational Science Publishing House.

Liechty, T. (2012). Read, write, tweet? Technology and the leisure experience. *Direction: Saskatchewan Parks and Recreation Association*, 3(2), 10-11.

Liechty, T. (2011). Instructor Guide to accompany H. Gibson & J. Singleton (Eds.). *Leisure and Aging*. Champaign, IL: Human Kinetics.

Kerstetter, D. L., Mowen, A. J., Trauntvein, N. E., Liechty, T., & Ribeiro, N. F. (2009). Visitor perceptions of the benefits of a local park. In D. B. Klenosky & C. L. Fisher (Eds.), *Proceedings of the 20th North East Region Recreation Research (NERR) Symposium* (pp. 8-14). Newton Square, PA: US Forest Service.

Liechty, T. (2007). The role of body image in women's leisure. *ADOZ Journal of Leisure Studies*, 31, 59-69.

External Research Reports to Sponsors

Liechty, T., Ribeiro, N. F., & Dupré, F. (2014). *Ma culture, où-est-elle sur le campus? Cultural identity, integration, and well-being of Fransaskois and Métis youth in university environments*. Report to Centre Canadien de Recherche sur les Francophonies en Milieu Minoritaire/ Canadian Center for Research on Francophone Minority Communities.

Liechty, T. (2012). *Leisure and older men's body image*. Report to the Social Sciences and Humanities Research Council.

Mowen, A. J., Godbey, G. C., Liechty, T., Kerstetter, D. L., Payne, L. L., & Orsega-Smith, E. (2008). *Health partnerships of recreation and park organizations: Results from a national study*. Report to the National Recreation and Park Association and the National Recreation Foundation.

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Conference Presentations, Posters and Abstracts

Liechty, T., Sveinson, K., Willfong, F., & Ribeiro, N. F. (October, 2014). *Experiences of empowerment among female tackle football players*. (Liechty presenter). Paper presented at the National Recreation and Parks Association's Leisure Research Symposium, Charlotte, NC.

Genoe, R., Liechty, T., & Marston, H. (September, 2014). *Using online research methods to understand the transition to retirement among baby boomers*. (Genoe presenter). Paper presented at the World Leisure Conference, Mobile, AL.

Liechty, T., Willfong, F., Sveinson, K., & Ribeiro, N. F. (September, 2014). *Tackle football as serious leisure for women*. (Liechty presenter). Paper presented at the World Leisure Conference, Mobile, AL.

Liechty, T., Evans, K., Willfong, F. & Sveinson, K. (May, 2014). *"There's a position for every body type": Experiences of body image among female tackle football players*. (Liechty presenter). Paper presented at the Canadian Conference on Leisure Research, Halifax, NS.

Ribeiro, N. F., Liechty, T. & Dupré, F. (May, 2014). *Ma culture, où-est-elle sur le campus? Leisure and cultural identity of Fransaskois and Métis youth in university environments*. (Ribeiro presenter). Paper presented at the Canadian Conference on Leisure Research, Halifax, NS.

Liechty, T., Genoe, M. R., & Barbosa, C. (2013, October). *The impact of transitioning between leisure service providers: A community leisure arts program case study*. (Liechty presenter). Paper presented at the National Recreation and Parks Association's Leisure Research Symposium, Houston, TX.

Dorsch, K., Cripps, D., Daschuk, J., Genoe, R., Hoerber, L., Kelsey, K., LeDrew, J., Liechty, T., Riemer, H., & Rossow-Kimball, B. (2013, April). *A walk through the MALL: Social science research in kinesiology & health studies*. Poster presentation. University of Regina/University of Saskatchewan Kinesiology Research Day, Regina, SK.

Liechty, T., Sveinson, K., & Dahlstrom, L. (2012, November). *Aging and men's body image*. Poster presented at the Gerontological Society of America Annual Meeting, San Diego, CA.

Liechty, T. & Ribeiro, N. F. (2012, October). *Physical self-efficacy, body image, and sport participation among pre-adolescent girls*. Poster presented at the Qualitative Health Research Conference, Montreal, QC.

Liechty, T., Genoe, R., & Ribeiro, N. F. (2012, October). *Older men's perceptions of physical activity and the aging body*. (Liechty presenter). Paper presented at the National Recreation and Parks Association's Leisure Research Symposium, Anaheim, CA.

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Liechty, T. & Barbosa, C. (2012, June). *Qualitative methods in body image research: Implications of gender*. (Liechty presenter). Paper presented at the Innovations in Qualitative Research Conference, Saskatoon, SK.

Genoe, R. & Liechty, T. (2012, June). *Writing ourselves into the story?: What we learned about reflexivity as both participants and researchers in a community-based arts program*. (Genoe & Liechty co-presenters). Paper presented at the Innovations in Qualitative Research Conference, Saskatoon, SK.

Barbosa, C. & Liechty, T. (2012, May). *Leisure spaces and leisure constraints for lesbians: A pilot study*. (Barbosa presenter). Paper presented at the Graduate Leisure Research Symposium, Waterloo, ON.

Liechty, T. (2011, December). *Perceptions of leisure time physical activity and aging among retirement-age Canadian men*. Paper presented at the Australia & New Zealand Association for Leisure Studies Conference (special symposium on Social Psychological Aspects of Physically Active Leisure across the Lifespan), Dunedin, NZ.

Liechty, T., Genoe, R., & Rossow-Kimball, B. (2011, May). *"I don't want to become elderly. I want to become an elder": Retirement-age Canadian men's perceptions of leisure and aging*. (Liechty presenter). Paper presented at the Canadian Conference on Leisure Research, St. Catharines, ON.

Ribeiro, N. F., Foemmel, E., & Liechty, T. (2011, May). *Using a variety of methods to compare related freelists and investigate the relationship between cognition and behavior of a leisure experience*. (Ribeiro presenter). Paper presented at the Canadian Conference on Leisure Research, St. Catharines, ON.

Genoe, R., Liechty, T., & LeDrew, J. (2011, January). *Stepping toward healthy, active lifestyles: Pedometers and photovoice as emancipatory health literacy tools for mature women*. Published abstract from the International Conference on Health, Wellness, and Society, Berkley, CA.

Liechty, T. & Yarnal, C. M. (2010, November). Older women's body image: A life course perspective. (Liechty presenter). Paper presented at the *Gerontological Society of America Annual Conference*, New Orleans, LA.

Liechty, T. (2010, June). *Using purposive methodological sequencing to explore body image among older women*. Paper presented at the Innovations in Qualitative Research Conference, Saskatoon, SK.

Liechty, T. & Yarnal, C. M. (2009, October). *An exploration of innovation theory among retirement-age women*. (Liechty presenter). Paper presented at the National Recreation and Park Association Annual Congress, Leisure Research Symposium, Salt Lake City, UT.

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Liechty, T. & Yarnal, C. M. (2009, March). *Retirement-age women's perceptions of leisure and aging*. (Liechty presenter). Paper presented at the Northeastern Recreation Research Symposium, Bolton Landing, NY.

Kerstetter, D. L., Mowen, A. J., Trauntvein, N. E., Liechty, T., & Ribeiro, N. F. (2008, March). *Residents' perceptions of the benefits of a local park*. (Kerstetter presenter). Paper presented at the Northeastern Recreation Research Symposium, Bolton Landing, NY.

Mowen, A. J., Liechty, T., & Trauntvein, N. E. (2007, March). *Surveys on a shoestring*. (Mowen presenter). Paper presented at the Pennsylvania Recreation and Park Society Conference, Hershey, PA.

Liechty, T., Ribeiro, N., F., & Yarnal, C. M. (2006, October). *Cruising, fun and positive emotion in older women's lives: What we learned from a Red Hat Society Group Tour*. (Liechty presenter). Paper presented at the National Recreation and Park Association Annual Congress, Leisure Research Symposium, Seattle, WA.

Ribeiro, N. F., Liechty, T., & Yarnal, C. M. (2006, May). *The importance of wearing a Red Hat: Play, fun, and positive emotion in older women*. (Ribeiro presenter). Paper presented at The Association for the Study of Play Annual Conference, York, ON.

Baker, B. L., Liechty, T., & Zabriskie, R. B. (2005, October). *Shared family fun and the youth-parent relationship*. (Baker and Liechty presenters). Paper presented at the National Recreation and Park Association Annual Congress, Leisure Research Symposium, San Antonio, TX.

Liechty, T., Freeman, P. A., & Zabriskie, R. B. (2004, October). *Body image and beliefs about appearance: Leisure constraints for women*. (Liechty presenter). Paper presented at the National Recreation and Park Association Annual Congress, Leisure Research Symposium, Reno, NV.

Liechty, T., & Freeman, P. A. (2004, March). *Body image as a leisure constraint*. (Liechty presenter). Paper presented at the Utah Recreation and Park Association Conference, Leisure Research Symposium, St. George, UT.

Ihli, A. A., Agate, J. R., & Liechty, T. (2003, March). *Strength through service: A study of the relationship between family service and family strength*. (Ihli presenter). Paper presented at the Utah Recreation and Park Association Conference, Leisure Research Symposium, Ogden, UT.

Invited Presentations

Liechty, T., Hoerber, L., & Genoe, R. (2011). *Survey Monkey: Making the monkey work for you*. Presentation given at the Saskatchewan Recreation and Park Association Conference and Annual General Meeting, Saskatoon, SK.

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Liechty, T. (2010). *Our body image: The view from within*. Presentation given at the Our Body: The Universe Within exhibit lecture series, Saskatchewan Science Centre, Regina, SK.

Research Funding

Genoe, M. R. (Principal Investigator), Liechty, T., & Marston, H. (2013-2016). Insight into leisure and aging: Is there room for innovation? *Social Sciences and Humanities Research Council Insight Development Grant*. \$33,460.

Coyne, S. M. (Principal Investigator) & Liechty, T. (20013-2016). Pregnancy, media, and body image. *Mentored Education Grant*. \$20,000.

Liechty, T. (Principal Investigator) & Karreman, W. E. (2012-2015). Body image and physical activity: The lived experience of pregnancy and the changing body. *Social Science and Humanities Research Council General Research Grant Fund*. \$3,720.

Liechty, T. (Principal Investigator), Ribeiro, N., & Dupré, F. (2012-2014). Ma Culture, Où-Est-Elle sur le Campus? Cultural Identity, and Well-Being of Fransaskois and Métis Youth in University Spaces. *Centre Canadien de Recherche sur les Francophonies en Milieu Minoritaire/ Canadian Center for Research on Francophone Minority Communities*. \$4,960

Genoe, R. (Principal Investigator), & Liechty, T. (2012-2013). The impact of transitioning between leisure service providers: Phase II of a community arts program case study. *Social Science and Humanities Research Council General Research Grant Fund*. \$5,000

Liechty, T. (Principal Investigator) (2009-2010). Body image and leisure among older men. *Social Science and Humanities Research Council General Research Grant Fund*. \$4,832.

GRADUATE STUDENT COMMITTEES

Completed

Daniel Peluso (2012), Dissertation title: *Cognitions in non-life threatening Traumatic Events: A Mixed Methods Study* (committee member)

Toni Jestadt (2013), Thesis title: *Teacher Construction of Body Image in the Classroom* (committee member)

Stephanie Miller (2013), Thesis title: *Play Pals: Promoting Physical Activity through Near-peer Role Modeling and Mentoring* (committee member)

Jenna Tyler (2014), Thesis title: *From Pressure to Pampering: How Parenting Style Impacts a Youth Athlete's Ability to Achieve Flow* (committee member)

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Sara Baral (2014), Thesis title: *Learning as Leisure among Older Adults: Understanding how motivations, and constraints impact engagement and satisfaction among OLLI participants using Leisure Innovation Theory* (committee chair)

Laura Dahlstrom (2014), Thesis title: *Women who Coach High Performance Male Track and Field Athletes: An Exploration of Lived Experiences* (committee member)

Katie Sveinson (2014), Thesis title: *Marginalization or Empowerment? An Examination of Highly Identified Female Sport Fans* (committee member)

In-Progress

Carla Barbosa, Thesis title: *Leisure Spaces and Leisure Constraints for Lesbian Women* (committee chair)

C. Austin Langley, Thesis Title: *Sport as a Source of Advocacy and Integration for Undocumented Students* (committee member)

S Christman McPherson, Thesis Title: *Motivational Climate and Goal Orientation among Adolescent Football Players* (committee member)

TEACHING

Courses Taught

RPTM 460: Political and Legal Aspects of Recreation and Park Services (2 semesters)
RPTM 470: Recreation and Park Management (2 semesters)
KHS 141: The Role of Leisure in Society (1 semester)
SRS 110: Recreation and Leisure Theory (2 semesters and 1 independent study)
SRS 105: Introduction to Sport and Recreation Management (3 semesters)
SRS 340: Governance and Legal Issues in Sport & Recreation (3 semesters)
SRS 220: Program Delivery and Management (1 semester)
SRS 497: Outdoor Adventure Programming (2 independent studies)
SRS 465: Commercial Recreation Management (1 semester)
KHS 803: Research Design and Methods in Kinesiology, Health, & Sport (1 semester)
KHS 847AE: Foundations in Leisure Research (1 independent study online)
KHS 849AE: Leisure and Geography (1 independent study online)
PRTM 407: Personnel Administration in PRTM (2 semesters)
PRTM 325: Diversity and Global Perspectives in PRTM (1 semester)
PRTM 825: Serving Diverse Populations in PRTM (1 semester)
RST 501: Theories and Concepts of Leisure (1 semester)

Courses Taken to Improve Teaching Skills

Fall 2006: Schreyer Institute for Teaching Excellence New Instructor Orientation Workshop

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Sum 2008: Higher Education in Recreation Parks and Tourism Management
Fall 2008: Schreyer Institute for Teaching Excellence Course in College Teaching
Spr 2010: U of R Center for Teaching and Learning Seminar on Fostering Student Engagement
Win 2011: U of R Center for Teaching and Learning Seminar on Teaching Large Classes
Fall 2011: U of R Center for Teaching and Learning Seminar on Student Assessment
Win 2012: U of R Center for Teaching and Learning Seminar on Copyright Infringement
Fall 2013: Clemson Office of Teaching Effectiveness and Innovation Workshop on teaching students to use library resources
Win 2014: Clemson Office of Teaching Effectiveness and Innovation Workshop on documenting teaching effectiveness

Average Course Evaluations over the Last Three Years

Course: 6.3 out of 7*
Instructor: 6.6 out of 7*

* These are above average for the program in which they were taught

SERVICE

2006-2007 RPTM Graduate Student Association president
2006-2007 RPTM graduate student representative to the college
2007 Reviewer for: *Schole: A Journal of Leisure Studies and Recreation Education*
2007-2013 Reviewer for: *Journal of Parks and Recreation Administration*
2008-2014 Reviewer for: *Leisure Sciences*
2007-2014 Reviewer for: *Journal of Leisure Research*
2009-2013 Reviewer for: *Qualitative Research in Sport and Exercise*
2009 KHS representative to the faculty of business
2009 U of R SSHRC selection committee for M.Sc. funding
2010-2014 Reviewer for *BM Public Health*
2010-2012 U of R Faculty of Graduate Studies and Research committee member
2010-2012 U of R Executive of Council (faculty senate) elected member
2010-2012 KHS Graduate Studies and Research Steering Committee member
2010-2011 Reviewer for: *Leisure Studies*
2011 Reviewer for: *The International Journal of Health, Wellness, and Society*
2011-2012 KHS representative to Academic Program Review task force
2011-2013 Advisor to the KHS Undergraduate Student Society
2011-2013 Saskatchewan Recreation and Park Association Research Committee Member
2013 Reviewer for *World Leisure Journal*
2013 Clemson University PRTM (RT) Faculty Search Committee member
2013 OLLI Director Search Committee member
2013 Abstract reviewer for *Canadian Conference on Leisure Research*
2014 Reviewer for *Body Image: An International Journal of Research*

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HONORS AND AWARDS

- 2014 JPra Best Paper Award for *Public Park and Recreation Managers' Experiences with Health Partnerships* (conference registration fee + \$250 honorarium)
- 2007-2009 Juran Doctoral Award (\$5,000)
- 2005-2008 Department of Recreation, Park, and Tourism Management Graduate Student Assistantship (tuition + stipend equal to more than \$100,000 over three years)
- 2006 Herberta M. Lundegren Graduate Scholarship in Leisure Studies (\$1,000)
- 2004 Utah Recreation and Parks Association Student Excellence Scholarship (\$1,000)

SCHOLARLY ASSOCIATIONS

Academy of Leisure Sciences
Canadian Association for Leisure Studies
Leisure and Aging Research Group
National Recreation and Park Association
World Leisure Organization