

PROFESSIONAL VITA

Laura L. Payne

Address University of Illinois at Urbana-Champaign (UIUC)
Department of Recreation, Sport and Tourism
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Education

- 1998 Ph.D. **The Pennsylvania State University**
University Park, Pennsylvania
Leisure Studies Program with a minor in Gerontology
- 1992 M. S. **Illinois State University, Normal, Illinois**
Department of Health, Physical Education, Recreation and Dance
Concentration in Recreation Administration
- 1989 B. S. **Illinois State University, Normal, Illinois**
Communications, Public Relations Major
Recreation and Park Administration Minor

Thesis Title: Influence of parental monitoring on perceived freedom and enjoyment in adolescent leisure experiences

Dissertation Title: The role of leisure in the relationship between arthritis severity and perceived health among adults 50-85: Does leisure contribute?

Professional Experience

- 2007 – Present Associate Professor and Extension Specialist,
Department of Recreation, Sport & Tourism
University of Illinois at Urbana-Champaign, Champaign, IL
- Extension Specialist, Rural Community Development, Rural Health and Aging, and Community Parks and Recreation, 75% Extension Appointment
- 2001 – 2007 Assistant Professor and Extension Specialist,
Department of Recreation, Sport and Tourism
University of Illinois at Urbana-Champaign, Champaign, IL

- August, 1998 - June, 2001 **Assistant Professor, School of Exercise, Leisure & Sport**
Kent State University, Kent, Ohio
- 1995-1998 **Research/Teaching Assistant, Leisure Studies Program,**
School of Hotel, Restaurant & Recreation Management
The Pennsylvania State University, University Park, Pennsylvania
- 1992-1995 **Administrative Coordinator, Smith, Bucklin & Associates, Inc.**
Chicago, Illinois
- Managed membership services, volunteer resources and regional user group alliance programs. Coordinated annual budget process with staff and board members. Managed the registration process, exhibitor program, and sponsorship program for semi-annual national conferences.
- 1990-1992 **Graduate Assistant, Department of Health, Physical Education, Recreation and Dance (HPERD)**
Illinois State University, Normal, Illinois
- 1990-1992
(seasonal, part-time) **Public Relations Intern/Assistant**
Illinois Park and Recreation Association (IPRA)
Winfield, Illinois
- 1988-1992
(seasonal position) **Facility Manager, Mt. Prospect Park District's**
Big Surf Wave Pool
Mt. Prospect, Illinois
- 1990 (spring) **Activities Coordinator, Sundial Beach and Tennis Resort**
Sanibel Island, Florida

Research and/or Scholarly Publications

Books/Book Chapters

Leisure, Health and Wellness: Making the connections (2010). Payne, L.L., Godbey, G., & Ainsworth, B. (eds.). Venture Publishing: State College, PA.

Orsega-Smith, E. & Payne, L. L. (2010). *Relations between leisure, health and wellness*. In *Leisure, health and wellness: Making the connections*. Venture Publishing: State College, PA.

Payne, L. & Barnett, L.A. (2005). *Leisure and recreation across the lifespan*. In *Introduction to Leisure and Recreation*. Human Kinetics: Champaign, IL.

Katzenmeyer, C., Payne, L., & Orsega-Smith, E. (2003). *Active Options Resource Guide: Improving the health of older adults*. National Recreation and Park Association: Ashburn, VA.

Articles published in refereed journals

Lee, C. S., & Payne, L. L. (in press). An exploration of the relationship between different types of serious leisure and successful aging. *Activities, Adaptation and Aging*.

Liechty, T., Mowen, A. J., Payne, L. L., Henderson, K. A., Bocarro, J. N., Bruton, C. & Godbey, G. C. (in press). We can't be all things to all people but...together we can get a lot accomplished": Public park and recreation managers' experiences with health partnerships. *Journal of Park and Recreation Administration*.

Payne, L. L. & Zabriskie, R. (2014). Understanding the role of leisure in life transitions. *Journal of Park and Recreation Administration*, 32(1), 1-6.

Headley, C., & Payne, L. L. (2014). Examination of a fall prevention program on leisure and leisure-based fear of falling of older adults. *International Journal of Disability and Human Development*, 13(1), 149-154.

Pori, M., Payne, L.L., Schmalz, D.L., Pori, P., Skof, B. & Leskosek, B. (2013). Correlation between sport participation and satisfaction with life among Slovenian participants of the Ljubljana marathon, *Kinesiologia Slovenica*, (19)2, 36-43.

Headley, C., Payne, L. L., & Keller, M. J. (2013). N'Balance: A community-based fall prevention intervention with older adults: Lessons learned. *Activities, Adaptation and Aging*, 37, 47-62.

Payne, L. L., Zimmerman, J. A., & Mowen, A. J. (2013). Health partnerships in community parks and recreation: Does community size matter? *Preventing Chronic Disease*, 10, DOI: <http://dx.doi.org/10.5888/pcd10.120238>.

Janke, M. C., Jones, J. J., Payne, L. L. & Son, J. S. (2012). Living with Arthritis: Using Self-Management of Valued Activities to Promote Health. *Qualitative Health Research*, 22(3), 360-372.

Janke, M. C., Carpenter, G., Payne, L. L., & Stockard, J. (2011). The role of life events on perceptions of leisure during adulthood: A longitudinal analysis. *Leisure Sciences*, 33(1), 52-69.

Payne, L. L. & Heavenrich, C. (2010). Stop aging and start living: The theory and practice of positive aging. *International Journal of Disability and Human Development*, 10 (2), 97-102.

Janke, M. C., Son, J. S., & Payne, L. L. (2009). Self-regulation and adaptation of leisure among adults with arthritis. *Activities, Adaptation & Aging*, 33(2), 65-80.

Mowen, A., Payne, L. L., Orsega-Smith, E., & Godbey, G. (2009). Assessing the health partnership practices of park and recreation agencies: Findings and implications from a national study. *Journal of Park and Recreation Administration*, 27(3), 116-131.

Son, J. S., Kerstetter, D. L., Mowen, A. J., & Payne, L. L. (2009). Global self-regulation and outcome expectations: Interactive influences on constraint self-regulation and leisure-time physical activity. *Journal of Aging and Physical Activity*, 17(3), 307-326.

Janke, M.C., Payne, L.L., & Van Puymbroeck, M. (2008). The role of informal and formal leisure activities in the disablement process. *International Journal of Aging and Human Development*, 67(3), 231-257.

Payne, L., & Schaumleffel, N. (2008). The relationship between attitudes toward public park and recreation services and community satisfaction among rural residents. To be submitted to *Journal of Park and Recreation Administration* 26(3) 116-135.

VanPuymbroeck, A. M., Payne, L., & Hsieh, P.C. (2007). A Phase I Feasibility Study of Yoga on the Physical Health and Coping of Informal Caregivers. *Evidence-based Complementary and Alternative Medicine*, 4(4) 519-529.

Mowen, A., Orsega-Smith, E., Payne, L., Ainsworth, B. & Godbey, G. (2007). The role of park proximity and social support in shaping park use, physical activity and health among older adults. *Journal of Physical Activity and Health*, 4, 167-179.

Orsega-Smith, E., Payne, L., Mowen, A., Ho, C., & Godbey, G. (2007). The role of social support and self-efficacy in shaping leisure time physical activity of older adults. *Journal of Leisure Research*. 39(4), 705-727.

Sasidharan, V., Payne, L., Orsega-Smith, E., & Godbey, G. C. (2006). Older adults' physical activity participation and perceptions of well-being: Examining the role of social support for leisure. *Managing Leisure*, 11(3), 164-185.

Payne, L., Mowen, A., & Montoro-Rodriguez, J. (2006). The role of leisure in the relationship between arthritis severity and perceived health. *Journal of Leisure Research*, 38(1), 20-45.

Payne, L., Orsega-Smith, E., Godbey, G. & Roy, M. (2005). The relationship between personal health and park use among adults 50 and over: Results of an exploratory study. *Journal of Park and Recreation Administration*, 23(2), 1-20.

Godbey, G., Caldwell, L., Floyd, M., & Payne, L. (2005). Implications from Leisure Studies and Recreation and Park Management Research for Active Living. *American Journal of Preventive Medicine*, 28, 2S2, 150-158.

Mowen, A., Payne, L., & Scott, D. (2005). Change and Stability in Leisure Constraints Revisited: A 10-Year Comparison of Perceived Park Use Constraints and Desired Constraint Reduction Strategies. *Leisure Sciences*, 27(2), 191-204.

Orsega-Smith, E., Mowen, A., Payne, L., & Godbey, G (2004). The Interaction of Stress and Park Use on Psycho-physiological Health in Older Adults. *Journal of Leisure Research*, 36(2), 232-256.

Orsega-Smith, E., Payne, L., & Godbey, G. (2003). Outcomes associated with participation in a community parks and recreation based wellness program for older adults. *Journal of Aging and Physical Activity*, 11(4) 516-531.

Payne, L. (2002). Progress and challenges in repositioning leisure as a core component of health. *Journal of Park and Recreation Administration*, 20(4) 1-11.

Payne, L., Mowen, A., & Orsega-Smith, E. (2001). The relationship between race, residence, and age on attitudes toward park use and park behaviors. *Leisure Sciences*, 24(1) 181-198.

Caldwell, L., Darling, N., Payne, L., & Dowdy, B. (1999). Comparison of psychological and social control causes of boredom among adolescents. *Journal of Leisure Research*, 31(2), pp. 103-121.

Grant and Contract Proposals Awarded (Total: \$1,187,368)

Payne, L., Farner, S., Huhman, M., McCaffrey, J., Quick, B., Reif, J., & Williams, C. (2013). *Illinois Health Care Reform Initiative*. University of Illinois Campus Extension Program. August 2013 to December 2015, \$213,143.

Payne, L., Harvey, S., & Janke, M. (2010). *Statewide dissemination and evaluation of the Chronic Disease Self-Management Program* (total budget is \$1.0 million over two years; \$50,000 sub-contracted to UIUC). Administration on Aging (Illinois Department of Public Health and Illinois Department on Aging co-PI's).

Sweedler, K., Griswald, A., Camp, S., & Payne, L. (2010). *Transitioning to retirement*. University of Illinois Extension Holistic Family Wellness Seed Grant. February 2010 – February 2011, \$12,000.

Payne, L. L. (2008). *Impact and Dissemination Evaluation of the Illinois Chronic Disease Self-Management Program* (total budget is \$197,117 over two years; \$40,000 sub-contracted to UIUC). Retirement Research Foundation (PI-Tom Prohaska, UIC).

Payne, L., Janke, M. (Co-PIs), & Son, J., Harvey, I. S. (Investigators). *Take Charge of Your Health: Live Well, Be Well: A Holistic Chronic Disease Self-Management Program*. University of Illinois at Urbana-Champaign Extension (Flagship program – July 2007 to September 2010), \$324,020.

Janke, M. C. (PI), Payne, L. L. & Son, J. S. (Co-PIs). *Self-regulation and adaptation of leisure among older individuals with arthritis*. University of Illinois at Urbana-Champaign Research Board (August 2007 to May 2009), \$6,910.

Stine-Morrow, E. (PI), & Parks, D., Kramer, A., Morrow, D. (Investigators), & Janke, M., & Payne, L. (Collaborators). *The Senior Odyssey: A test of the engagement hypothesis of cognitive aging*. National Institutes of Health (R01 – July 2007 to June 2012), \$3,504,410.

Son, J., Harvey, S., Shinew, K., & Payne, L. (2007). *Leisure-based self-care practices and health of African American and Whites in Centralia, Illinois*. Submitted to the Campus Research Board. \$14,630 requested and funded.

Mowen, A., Godbey, G., Payne, L., & Orsega-Smith, E. (2005). *Partnerships between Park and Recreation Agencies and Health Organizations*. Submitted to the National Recreation Foundation. \$75,000 requested and funded.

Van Puymbroeck, A. M., Warkins, J. & Payne, L. (2004). *The influence of meditation and walking on the quality of life for stroke caregivers*. Submitted to Pampered Chef Family Resiliency Program. \$16,000 requested and funded.

Van Puymbroeck, A. M., & Payne, L. (2004). *The influence of yoga on the quality of life for stroke caregivers*. Mary Jane Neer Grant Competition. \$15,000 requested and \$13,000 received.

Godbey, G., Payne, L. (Co-PI's) & Orsega-Smith, E. (2003). *Use of Local Government Park and Recreation Services and its Relation to Health*. Robert Wood Johnson Foundation. April 15, 2002 to April 15, 2004; \$321,000; \$140,000 subcontracted to the University of Illinois.

Payne, L. & Alexandris, K. (2002). *Healthy Rural Communities Project*. State of Illinois Attorney General's Office Vitamin Anti-Trust Settlement. Principal Investigator. August 2002 to December 2005; \$333,958.

Payne, L. (2002). *Illinois Rural Recreation Development Project*. State of Illinois Department of Human Services, Division of Community Health and Prevention. July, 2002 to June, 2003; \$168,000.

Payne, L. (2002). *Illinois Rural Recreation Development Project*. Children, Youth, Families and Risk Project (CYFAR is administered through University of Illinois Extension); May 1 to June 30, 2002; \$15,600.

Payne, L., Rodway, Glickman, E., & Grega, D. (2001). *The thermal, metabolic, cardiovascular, perceptual and psychological responses that occur during acclimation on a ranger squad while performing operations at altitude in Denali National Park*. Kent State University Research Board. Principal Investigator, May to August 2001; \$3,000 awarded.

Payne, L., & Orsega-Smith, E. (2000). *Instructional Guide for Developing and Implementing Community-Based Wellness Programs for Older Adults*. National Recreation and Park Association. \$5,000 awarded.

Payne, L., Mathieu, M., Jarrett, T., Mitrovic, M., & Perneti, L. (1999). *Developing learning communities through the integration of challenge programs into the freshman orientation course*. Provosts Special Initiative Grants, Kent State University. \$8,250 requested and funded.

Payne, L., Smith, E., & Godbey, G. (1999). *Phase II of NRPA/Foothills: Developing a model community based wellness program*. National Recreation Foundation. Co-Principal Investigator. \$20,000 requested and funded.

Payne, L., Smith, E., & Godbey, G. (1998). *Phase I of NRPA/Foothills: Evaluation of the Active Options Senior Wellness Program*. National Recreation Foundation. Co-principal Investigator. \$40,000 funded through Penn State; \$10,000 subcontract directly to Kent State University.

Selected articles published in juried journals

Broughton, K., Scheunemann, J., Lee, C., & Payne, L. (2013, June). Combating staff burnout. *Parks and Recreation*, 48(6), 12-15.

Payne, L. L. (2012, January/February). Collaborating toward a common goal: Partnership practices and effectiveness in Illinois. *Illinois Parks and Recreation*, 42(7), 19-22.

Broughton, K. & Payne, L. L. (2011, September/October). Who are the baby boomers and what are their recreation values and preferences? *Illinois Parks and Recreation*, 42(5), 46-48.

Schaumleffel, N. & Payne, L. L. (2010, May). Rural recreation and park development: Trends, issues and strategies for success, *Parks and Recreation*, 45(5), 33-37.

Payne, L. L., Mowen, A., Orsega-Smith, E., & Godbey, G. (2008, September). Working toward a common goal: NRPA's national study finds that park and recreation partnerships are vital to community health and well-being. *Parks and Recreation*, 43(9), 102-109.

Stafford Son, J., Mowen, A., & Payne, L. (2007, March/April). Viewpoints on recreation: Opportunities and challenges for community recreation. *The Journal on Active Aging*, 6(2), p.77.

Payne, L. (2005, October). The role of recreation and parks in promoting active lifestyles in later life: Many questions, some direction. *George Butler Lecture of the Leisure Research Symposium. Taking steps toward Transdisciplinary research: How public health priorities could influence leisure research on community-level approaches to promoting healthy, active lifestyles*. State College, PA: Venture Publishing, Inc.

Ho, C., Payne, L., Orsega-Smith, E., & Godbey, G. (2003, April). The role of public parks and recreation in promoting health. *Parks and Recreation*, 41-45.

Smith, E., Payne, L., Spangler, K., & Godbey, G. (2000, October). Community recreation and parks: Promoting health in older adults. *Parks and Recreation*, 53-57.

Payne, L., Smith, E., Godbey, G., & Spangler, K. (1999, October). The Role of Local Recreation and Park Services in Health Promotion and Health Maintenance in Later Life. *Parks and Recreation*, 72-77.

Payne, L., Smith, E., Godbey, G., & Roy, M. (1998, October). Local parks and the health of older adults: The results of an exploratory study. *Parks and Recreation*, 64-69.

Payne, L., Shaw, T., Anderson, M., Bratt, B., & Caldwell, L. (1998). An exploration of the critical variables related to mood states. *Proceedings of The Northeastern Recreation Research Symposium*, Bolton Landing, New York.

Articles published in monographs

Payne, L. L. (2011). *Resource guide for community survey projects*. Office of Recreation and Park Resources, University of Illinois Urbana-Champaign.

Payne, L. (1999). The importance of leisure among the Oldest Old. In S. Berg & S. Zarit (Ed.), *The Oldest Old*. Jonkoping, Sweden: Institute of Gerontology.

Selected research reports to sponsors

Payne, L. L., Janke, M.C., Harvey, S., & Coyle, H. (2009). *Take Charge of Your Health: Live Well Be Well annual report*. University of Illinois Extension.

Payne, L. L., & Janke, M. C. (2008). *Take Charge of Your Health: Live Well Be Well annual report*. University of Illinois Extension.

Payne, L. L. (2007). *Annual progress report for the healthy rural communities project*. Illinois Attorney General's Office.

Payne, L. L. (2006). *Annual progress report for the healthy rural communities project*. Illinois Attorney General's Office.

Payne, L. L. (2005). *Annual progress report for the healthy rural communities project*. Illinois Attorney General's Office.

Payne, L. L. (2004). *Annual progress report for the healthy rural communities project*. Illinois Attorney General's Office.

Godbey, G., Payne, L., & Orsega-Smith, E. (2004). *Final report to the Robert Wood Johnson Foundation for the project titled: Use of local government parks and recreation and its relation to health*. Robert Wood Johnson Foundation, Princeton, NJ.

Payne, L. L. (2003). *Annual progress report for the healthy rural communities project*. Illinois Attorney General's Office.

Carlson, R., & Payne, L. (2003). *Community recreation needs and preferences of Morris, Illinois residents*.

Payne, L. (2003). *Summary Results from the Youth Summer Daze Recreation Program Evaluation*, University of Illinois Extension.

Godbey, G., Payne, L., & Orsega-Smith, E. (2002). *Increasing physical activity among older adults: Testimony to a U.S. Congressional briefing*. Sponsored by the National Coalition for the Promotion of Physical Activity (NCPA), Washington, DC.

Payne, L. & Powers, A. (2002). *Outlook for community recreation and parks for the city of Clinton, Illinois*. University of Illinois Extension.

Orsega-Smith, E., Payne, L., & Godbey, G. (2000). *Effects of Active Options (AO) Participation on health: A summary of findings*. Kent State University.

Payne, L., Orsega-Smith, E., & Godbey, G. (1999). *Program evaluation report for Foothill's Park and Recreation District's Active Options (AO) Program: A summary of findings*. Kent State University.

Godbey, G., Roy, M., Payne, L., & Smith, E. (1998). *Health and Park Use: Final report of findings*. National Recreation and Park Association Board of Trustees. Ashburn, VA.

Payne, L., Smith, E., Godbey, G., & Roy, M. (1998). *Golden Age Centers of Greater Cleveland client health and park use profile*, Cleveland, OH.

Godbey, G., Payne, L., Roy, M., & Smith, E. (1997). *Status report on Health and Park Use Study for NRPA Board of Trustees*.

Payne, L., & Anderson, M. (1996). *Evaluation of the 1996 Pennsylvania YMCA State Championships (swimming)*, State College, PA.

Selected Papers Presented at Technical and Professional Meetings

Refereed presentations

Payne, L. L. (2014). Evidence based health and wellness programming: iLearn program. *Illinois Parks and Recreation State Conference*, January 23-25, Chicago, IL.

Payne, L. L., Ryan, P., & Belza, B. (2014). Planning strategies to increase physical activity among people with arthritis. *Aging in America Conference of the American Society on Aging*, March 11-15, San Diego, CA.

Broughton, K. & Payne, L. (2013). Exploring older men's social lives and well-being within a coffee group. *National Recreation and Park Association Leisure Research Symposium*, October 8-11, Houston, TX.

Broughton, K. & Payne, L. (2013). Exploring older men's health and well-being in the context of a coffee group. *Annual Symposium for the Center for Health, Aging and Disability*. March 28, Champaign, IL.

Waterman, M. & Payne, L. L. (2013). Environment and policy strategies to increase physical activity among people with arthritis. *Active Living Research Conference*, February 22-24, San Diego, CA

Payne, L. L., Orsega-Smith, E., & Godbey, G. C. (2012). Exploring the relationship between leisure style and health among adults 50 and over. *World Leisure Congress*, September 29-October 3, Rimini, Italy.

Payne, L. L., & Schaumleffel, N. (2012). Rural recreation development: An examination of attitudes toward public park and recreation development. *University of Ljubljana Conference on Physical Activity and Health*. October 5, Ljubljana, Slovenia.

Lee, C. S. & Payne, L. L., (2012). Serious leisure types and successful aging. *National Recreation and Park Association Leisure Research Symposium*, October 20-22, Anaheim, CA

Waterman, M. & Payne, L. L. (2012). Strategies to increase physical activity among people with arthritis. *National Recreation and Park Association Education Session*, October 20-22, Anaheim, CA

Lee, C. S., & Payne, L. L. (2012). An exploration of serious leisure types and flow experiences among older adults. *Gerontological Society of America*, November 15-17, San Diego, CA.

Payne, L. L., Quinn, C., & Wilson, A. (2011). Rural cultures: Challenges to disseminating the Chronic Disease Self-Management Program in rural communities. *Gerontological Society of America*, November 18-22, Boston, MA.

Headley, C. M., Payne, L. L., & Katzenmeyer, C. (2011). N-Balance, a community fall prevention intervention that may impact leisure self-efficacy. *Gerontological Society of America*, November 18-22, Boston, MA.

Payne, L. L., Zimmerman, J., Mowen, A. J., & Orsega-Smith, E., & Godbey, G. C. (2011). When it comes to health partnerships, community size matters. *National Recreation and Park Association Leisure Research Symposium*, November 1-5, Atlanta, GA.

Headley, C. M., Payne, L. L., Katzenmeyer, C. (2010). A Community-Based Fall Prevention Intervention That May Impact Fear Of Falling And Leisure For Older Adults, *Gerontological Society of America*, November 18-22, New Orleans, LA.

Harvey, I. S., Payne, L. L., Janke, M., Etkin, C., Wallace, J. M., Coyle, H., & Broughton, K. A. (2010). The Chronic Disease Self-management Program in Rural Communities: Participants' Perceived Benefits, *Gerontological Society of America*, November 18-22, New Orleans, LA.

Janke, M. C., Jones, J. J., Son, J. S., & Payne, L. L. (2010). The Process of Selective Optimization with Compensation in Leisure Activities among Adults with Arthritis. *Gerontological Society of America*, November 18-22, New Orleans, LA.

Payne, L. L., Janke, M., Harvey, S., Prohaska, T., Etkin, C., Bright, D. & Oquendo Scharneck, M. (2010). Importance of community parks and recreation in the management of chronic conditions: The statewide Illinois initiative. *International Healthy Parks, Healthy People Congress*, April 10-16, Melbourne, Australia.

Payne, L. L., Harvey, I.S., Janke, M., Byers, C., & Coyle, H. (2010). The role of community parks and recreation in the management of chronic disease: The Illinois multi-disciplinary statewide chronic disease initiative. *World Leisure Congress*, August 28-September 2, Chun Chun, South Korea.

Paden, L. K., & Payne, L. L. (2010). Ask me why? Assessing needs in your community: 2-hour workshop at the *Illinois Parks and Recreation Conference*, January 28-30, Chicago, IL.

Janke, M. C., Son, J. S., & Payne, L. L. (2009). Leisure-based predictors of arthritis self-efficacy among middle aged and older adults. *Gerontological Society of America*, November 18-22, Atlanta, Georgia.

Son, J. S., Janke, M. C., & Payne, L. L. (2009). Leisure-based self-regulation and adaptation and the health of middle-aged and older adults with arthritis. *Nineteenth IAGG World Congress of Gerontology and Geriatrics*, July 5-9, Paris, France.

Janke, M. C., Payne, L. L., Carpenter, G., & Stockard, J. (2008). Life events and the perception of leisure during adulthood. *National Recreation and Park Association Leisure Research Symposium*, October 15-20, Baltimore, MD.

Janke, M. C., Payne, L. L., & Son, J. S. (2008). The role of formal leisure activities in the disablement process. *National Recreation and Park Association Leisure Research Symposium*, October 15-20, Baltimore, MD.

Mowen, A., Payne, L. L., Orsega-Smith, E., & Godbey, G. (2008). Health partnerships: Findings and implications from a national study. *National Recreation and Park Association Leisure Research Symposium*, October 15-20, Baltimore, MD.

Orsega-Smith, E., Payne, L. L., & Godbey, G. (2008). Leisure style and health among older adults: Does style matter? *Gerontological Society of America*, November 21-25, National Harbor, MD.

Janke, M. C., Payne, L. L., & Son, J. S. (2007). *Leisure repertoire, energy expenditure, and health of adults with arthritis*. In M. Janke and L. Payne (Chairs), Leisure and aging-related transitions. Symposium conducted at the *Gerontological Society of America Annual Meeting*, November 18-22, San Francisco, CA.

Janke, M. C., Payne, L. L., & Son, J. S. (2007). *Adaptation and self-regulation of leisure among adults with arthritis*. Paper presented at the National Recreation and Park Association Congress, September 25-29, Indianapolis, IN.

Son, J. S., Kerstetter, D. L., Mowen, A. J., & Payne, L. L. (2007). *The relationships between exercise identity, leisure-based social cognitive factors, and leisure time physical activity*. Gerontological Society of America, November 16-20, San Francisco, CA.

Orsega-Smith, E., Payne, L., Mowen, A., & Godbey, G. (2006). Impact of social support and self-efficacy on leisure time physical activity among older adults. *Meeting of the Gerontological Society of America*, November 17-21, Dallas, TX.

VanPuymbroeck, A. M., Payne, L., & Hsieh, P. (2006). Psychological outcomes of an 8-week yoga program for informal caregivers. *Meeting of the Gerontological Society of America*, November 17-21, Dallas, TX.

Son, J., Kerstetter, D., Mowen, A., Payne, L. & Dattilo, J. (2006). A leisure education model to promote physical activity in later life. *Meeting of the Gerontological Society of America*, November 17-21, Dallas, TX.

VanPuymbroeck, A. M., Payne, L., & Hsieh, P. (2006). Physiological outcomes of an 8-week yoga program for informal caregivers. *American Therapeutic Recreation Association Conference*, Orlando, FL, September 2006.

Schaumleffel, N., & Payne, L. (2006). An examination of program leaders' intentions to process recreation experiences to achieve targeted outcomes. *National Recreation and Park Association Leisure Research Symposium*, October 10-14, Seattle, WA.

Son, J., Mowen, A., Kerstetter, D., & Payne, L. (2005) Selection, optimization and compensation for physical activity. *Gerontological Society of America*, November 18-22, Orlando, FL.

Payne, L., Orsega-Smith, E., Godbey, G. & Van Puymbroeck (2005). Psychosocial, environmental and demographic correlates of park use among three age cohorts of older adults. *Gerontological Society of America*, November 18-22, Orlando, FL.

Barkley, J., Payne, L., Alexandris, K., & Baklund, E. (2005). Leisure time physical activity constraint and negotiation scale development. *National Recreation and Park Association Leisure Research Symposium*, October 18-22, San Antonio, TX.

Payne, L., Orsega-Smith, E., & Godbey, G. (2005). Psychosocial, environmental and demographic correlates of park use among older adults. *National Recreation and Park Association Leisure Research Symposium*, October 18-22, San Antonio, TX.

Van Puymbroeck, A. M., & Payne, L. (2005). Challenges in conducting yoga intervention research with caregivers. *American Therapeutic Recreation Association Conference*, October 7-10, Salt Lake City, UT.

Chow, H., Godbey, G., Payne, L., & Orsega-Smith, E. (2004). The relation between physically active leisure activity and health of older adults. *Gerontological Society of America*, November 18-22, Washington DC.

Godbey, G., Payne, L., Orsega-Smith, E., & Ho, C. (2004). Use of Local Government Parks and Recreation and its Relation to Health: Preliminary Findings. *National Recreation and Park Association National Congress*, October 12-16, Reno, NV.

Mowen, A. J., Payne, L., Orsega-Smith, E. & Godbey, G. (2004). Physical activity in park settings: The role of perceived and objective park access measures. *Active Living Research Conference*, January 29-February 1, Del Mar, CA.

Godbey, G., Caldwell, L., Floyd, M., & Payne, L. (2004). Implications from Leisure Studies and Recreation and Park Management Research for Active Living. *Active Living Research Conference*, January 29-February 1, Del Mar, CA.

Payne, L. (2003). Stress, park use and health in older adults. *Annual Conference of Parks and Leisure Australia*. October, Perth, Australia.

Senior, J. & Payne, L. (2003). Health Benefits of open space: Implications for open space. *Annual Conference of Parks and Leisure Australia*. October, Perth, Australia.

Schaumleffel, N. & Payne, L. (2003). Guiding citizen action committees to build community through recreation service delivery. *Community Development Society Conference*, Ithaca, New York, July 2003.

Payne, L., & Turpin, T. (2003). Ecologically based collaborative multi-disciplinary programs in support of youth and community. *National Children Youth & Families at Risk Conference*, Minneapolis, Minnesota, May, 2003.

Mowen, A. & Payne, L. (2001). The role of age, race and residential location in the recreation preferences of older adults. *National Recreation and Park Association Leisure Research Symposium*, Denver, Colorado, October, 2001.

Payne, L., Orsega-Smith, E., & Godbey, G. (2001). Local parks and recreation as a context for health promotion: An impact study. *Gerontological Society of America*, Chicago, IL., November, 2001.

Payne, L., Orsega-Smith, E., & Godbey, G. (2000). Effects of participation in a community wellness program on health and health care utilization among adults 62 and older. *Gerontological Society of America*, Washington, D.C., November, 2000.

Payne, L., Kerstetter, D., Caldwell, L., & Godbey, G. (1999). Influence of leisure lifestyle on the health of older adults with arthritis. *National Recreation and Park Association Leisure Research Symposium*, Nashville, Tennessee, October, 1999.

Payne, L., Orsega-Smith, E., Godbey, G., & Roy, M. (1999). Influence of park use on the relationship between arthritis severity and perceived health. *International Congress on Aging, Physical Activity and Sport*, Orlando, Florida, August, 1999.

Payne, L., Orsega-Smith, E., Roy, M. & Godbey, G. (1998). Influence of park use and other leisure on state of health among adults 65-84. *51st Annual Scientific Meeting of the Gerontological Society of America*, Philadelphia, Pennsylvania, November, 1998.

Payne, L., Orsega Smith, E., Roy, M., & Godbey, G. (1998). An exploration between park use and health among individuals 50 and over. *National Recreation and Park Association Leisure Research Symposium*, Miami, Florida, October, 1998.

Roy, M., Orsega Smith, E., Payne, L., Vaidya, P., Pavucek, A., SooHoo, C., & Godbey, G. Different patterns of recreation and health measures in older adults. *Annual Conference of the American College of Sports Medicine*, Orlando, Florida, May, 1998.

Roy, M., Orsega Smith, E., Payne, L., Vaidya, P., Pavucek, A., SooHoo, C., & Godbey, G. (1998). The association between recreational activity frequency and measures of health status in adults 50-99 years of age. *Annual Scientific Sessions - Society of Behavioral Medicine*, New Orleans, Louisiana, March, 1998.

Caldwell, L., Payne, L., Darling, N., & Dowdy, B. (1997). Why are you bored? A comparison of psychological and social control causes of boredom among adolescents. *National Recreation and Park Association Leisure Research Symposium*, Salt Lake City, Utah, November, 1997.

Selected juried presentations

Payne, L. L. (2014). Evidence based health and wellness programming: iLearn program. *Illinois Parks and Recreation State Conference*, January 23-25, Chicago, IL.

Paden, L. K., & Payne, L. L. (2009). Managing the health of our community. 2-hour workshop. *Illinois Parks and Recreation Conference*, Chicago, IL, January 2009.

Evidence based health and wellness programs for community organizations (2008). *Illinois Parks and Recreation Conference*, Chicago, Illinois, January 2008.

Payne, L. & Paden, L.K. (2006). Health benefits of public parks and recreation. *Illinois Parks and Recreation Conference*, Chicago, Illinois, January 2006.

Orsega-Smith, E., Payne, L., Vaidya, P., Pavucek, A., SooHoo, C., Roy, M., & Godbey, G. (1997). Patterns of recreational activity and measures of health in older adults. *Mid-Atlantic Chapter of the American College of Sports Medicine*, State College, Pennsylvania, November, 1997.

Payne, L. (co-presenter), Shaw, T., Anderson, M., Bratt, B., & Caldwell, L. (1997). A critical analysis of the pleasure arousal dominance theory of mood in a leisure setting. *Northeastern Recreation Research Symposium*, Bolton Landing, New York, April, 1997.

Invited presentations and workshops

Payne, L. L., & Schaumleffel, N. (2012). Rural recreation development: An examination of attitudes toward public park and recreation development. *University of Ljubljana Conference on Physical Activity and Health*. October 5, Ljubljana, Slovenia.

Payne, L. L. (2011). Captain Jack couldn't have said it better: Effective communication with the media and other publics. *Illinois Park and Recreation Association's Professional Development School*, November 15, Decatur, IL.

Byers, C. & Payne, L. L. (2011). Live well be well: Enhancing health and wellness among adults with chronic conditions. *Third Annual Symposium on the Strategies for Healthy Aging*. Center for Health, Aging and Disability (CHAD), Champaign, IL, October 13.

Payne, L. L. (2011). Effective facilitation techniques from meetings to focus groups. Half-day workshop for the *Illinois Park and Recreation Association*, October 21, Addison, IL.

Payne, L. L. & Hall, R. (2011). How to assess changing community needs through surveys and focus groups. *Illinois Park and Recreation Association (IPRA) Therapeutic Recreation Leadership Summit*, September 1, Wheaton, IL.

Payne, L. L. (2011). Community approaches to effective chronic disease management: Translating research into practice. Keynote Address for the *University of Illinois Center for Rural Medical Professions Robin A. Orr Memorial Lecture on Community Health and Advocacy*, April 6, Rockford, IL.

Payne, L. L. (2010). Challenges to marketing the Chronic Disease Self-Management Program in rural areas. *Illinois Policy Academy on the Civic Engagement of Older Adults*. Illinois Press Association, Springfield, Illinois, March, 2010.

Janke, M. C., Payne, L. L., & Byers, C. (2009). Stanford Chronic Disease Self-Management Program: How can therapeutic recreation get involved? *Annual Illinois Recreational Therapy Association Conference*, Alsip, IL, October, 2009.

Payne, L. L. (2009). Community, environmental and economic benefits of community parks and recreation. *Bi-Annual Illinois Rivers Conference (Governor's Conference)*, Peoria, IL, October, 2009.

Janke, M. C., Son, J. S., & Payne, L. L. (2009). Adapting leisure behaviors when living with arthritis: The relationship between leisure and health. *Second Annual Symposium on the Science of Behavior Change*. Center for Health, Aging and Disability (CHAD), Champaign, IL, April, 2009.

Payne, L. (2008) Rural communities and wellness: Research and outreach issues and strategies. *Presented at the First Annual Symposium: Building the critical research agenda*. Center for Health, Aging and Disability (CHAD). Champaign, IL, April, 2008.

Payne, L., Orsega-Smith, E., & Mowen, A. (2007). Health benefits of parks and recreation. *National Recreation and Park Association National Health and Livability Summit*, Atlanta, GA, April 2007.

The Influence of Yoga on the Quality of Life for Informal Caregivers: A Pilot Study. (2006). Van Puymbroeck, A. M., E. Tucker, P. Hsieh, L. Payne. *Initiative on Aging Guest Lectureship Series*. Urbana, IL, February, 2006.

Payne, L. (2005). Resources for local park and recreation development. Illinois Association of County Board Members and Commissioners. *Partners in Planning Conference*, Peoria, Illinois.

Payne, L. (2005, October). The role of recreation and parks in promoting active lifestyles in later life: Many questions, some direction. *George Butler Lecture of the Leisure Research Symposium. Taking steps toward Transdisciplinary research: How public health priorities could influence leisure research on community-level approaches to promoting healthy, active lifestyles*. NRPA Leisure Research Symposium, San Antonio, TX, October 2005.

Payne, L. & Schuetz, A. (2005). Illinois Senior Wellness Initiative: A grass roots health promotion program for older adults. *Cross Campus Initiative on Aging*, University of Illinois Urbana-Champaign.

Payne, L., Orsega-Smith, E., Mowen, A., & Godbey, G. (2003). Stress and park use among older adults. *Cross Campus Initiative on Aging*, University of Illinois Urbana-Champaign.

Spangler, K., O'Sullivan, E., Payne, L., Orsega-Smith, E., Katzenmeyer, C., & Godbey, G. (2000). Programs that work: Developing and implementing community-based wellness programs for older adults. *National Recreation and Park Association Annual Congress*, Phoenix, Arizona, October, 2000.

Orsega-Smith, E., Payne, L., & Williams, H. (1999). Evaluating community wellness programs: Linking recreation and health. Pennsylvania State Association of the *American Alliance for Health, Physical Education, Recreation and Dance (AAHPERD) Annual Conference*, Seven Springs, Pennsylvania, December, 1999.

Little, S., Glancy, M., Carpenter, G., & Payne, L. (1999). Recreation Programming Across the Lifespan. *American Alliance for Health, Physical Education, Recreation and Dance (AAHPERD) Annual Convention and Exhibition*, Boston, Massachusetts, April, 1999. Note: This was a half-day workshop.

Godbey, G., Payne, L. (co-presenter), Orsega Smith, E., Roy, M., & Godbey, G. (1998). Linking local park use to the well-being of older adults: Results from an exploratory study. *National Recreation and Park Association Congress*, Miami, Florida, October, 1998.

Other Research Experience

Project Title: *Ecological contexts of adolescent development*. Project was funded by The Pennsylvania State University and Dickinson University. Project is: Completed, 1996.
Principal Investigators: Darling, N., & Caldwell, L.

Project Responsibilities: Assisted with planning and data collection for overall project. Coordinated the data collection for the activity diary phase of the project. Also coordinated data coding, entering, and cleaning for the project.

Project Title: *Health and Park Use among Individuals 50 Years of Age and Older*. Project was funded by The National Recreation Foundation. Project is: Completed, 1998.
Principal Investigators: Godbey, G., & Roy, M.

Project Responsibilities: Managed the overall research project. Planned and implemented the overall study; specifically coordinated all data collection (using multi-methods) for all phases of the study and managed budget process.

Courses Taught

<u>Semester, Year</u>	<u>Course No. and Title</u>	<u>Role</u>	<u>No. Students</u>
Spring, 2014	RST 590B Graduate Seminar	Instructor	8
Fall, 2013	RST 501 Leisure Theory & Concepts	Instructor	12
	RST 590B Graduate Seminar	Instructor	14
	RST 593	Co-Instructor	12
Spring, 2013	RST 590B Graduate Seminar	Instructor	13
Fall, 2012	RST 502: Critical Issues in Recreation Management	Instructor	5

Semester, Year	Course No. and Title	Role	No. Students
	RST 590B Graduate Seminar	Instructor	7
Spring, 2012	RST 594LH: Leisure & Health	Instructor	5
	RST 590B: Graduate Professional Seminar	Instructor	7
Fall, 2011	RST 590B Graduate Seminar	Instructor	9
Spring, 2011	RST 199: Leisure, Health & Wellness Across the Lifespan	Instructor	15
Fall, 2010	RST 502 Critical Issues in Recreation Management	Instructor	13
Fall, 2009	RST 502 Critical Issues in Recreation Management (Graduate Course)	Instructor	10
Fall, 2008	RST 410 Administration of Leisure Services	Instructor	67
	RST 594 (Graduate Course) Leisure and Health	Co-Instructor	9
Spring, 2008	RST 410 Administration of Leisure Services	Instructor	60
Fall, 2007	RST 410 Administration of Leisure Services	Instructor	52
Spring, 2007	RST 410 Administration of Leisure Services	Instructor	54
Fall, 2006	RST 410 Administration of Leisure Services	Instructor	40
Spring, 2006	RST 410 Administration of Leisure Services	Instructor	62

Semester, Year	Course No. and Title	Role	No. Students
Fall, 2005	RST 410 Administration of Leisure Services	Instructor	38
Spring, 2005	RST 410 Administration of Leisure Services	Instructor	79
Fall, 2004	RST 410 Administration of Leisure Services	Instructor	72
Spring, 2004	RST 410 Administration of Leisure Services	Instructor	68
Fall, 2003	RST 410 Administration of Leisure Services	Instructor	71
Spring, 2003	RST 300 Recreation Program Planning	Instructor	65
Fall, 2002	RST 316 Leisure and Human Development	Instructor	65
Spring, 2002	RST 110 Introduction to Leisure Service Delivery Systems	Instructor	80
Fall, 2001	RST 316 Leisure and Human Development	Instructor	44
Spring, 2001	LEST 46060/ELS 56060 Administration of Leisure Services	Instructor	21
Spring, 2001	LEST 26030 Recreation, Leisure and Aging	Instructor	27
Fall, 2000	ELS 10001 Freshman Orientation Course	Instructor	26
	LEST 46060 Administration of Leisure Services	Instructor	30
	ELS 65042 Leadership in Recreation and Sport	Co-Instructor	24
Spring, 2000	LEST 46060/ELS 56060 Administration of Leisure Services	Instructor	30

Semester, Year	Course No. and Title	Role	No. Students
	LEST 26030 Recreation Group Leadership	Instructor	14
	LEST 46060 Administration of Leisure Services	Instructor	30
Fall, 1999	ELS 10001 Freshman Orientation Course	Instructor	22
Fall, 1999	LEST 36060 Process of Program Planning	Instructor	29
	LEST 46060/ELS 56060 Administration of Leisure Services	Instructor	23
	ELS 65042 Leadership in Recreation and Sport	Co-Instructor	16
Spring, 1999	LEST 46060/ELS 56060 Administration of Leisure Services	Instructor	20
	LEST 26030 Recreation Group Leadership	Instructor	20
Fall, 1998	ELS 65042 Leadership in Recreation and Sport	Co-Instructor	16
	LEST 46060/ELS 56060 Administration of Leisure Services	Instructor	30
Spring, 1998	RPM 356 Recreation Programming	Instructor (two sections)	100
Fall, 1997	RPM 356 Recreation Programming	Instructor (two sections)	102
Spring, 1997	RPM 356 Recreation Programming	Instructor (two sections)	115
Fall, 1996	RPM 356 Recreation Programming	Instructor (two sections)	90
Spring, 1996	RPM 356 Recreation Programming	Instructor (one section)	125

Fall, 1995 RPM 356 Teaching Assistant 65
 Recreation Programming

Graduate Student Advising/Committees

Chair/Research Director: Master's Theses

2007 - 2009 Dina Izenstark
 2007 - 2009 Meredith Schwartz
 2008 – 2011 Chungsup Lee

Chair/Research Director: Dissertations

2001-2005 Nathan Schaumleffel
 2005-2009 Cathy Headley
 2002-2013 Heidi Reible
 2007-2008 Mike Lukkarinen
 2008 - 2012 J. Michael Wallace
 2007 - 2012 Katherine Broughton
 2011 - 2013 Chungsup Lee
 2013 - Robin Lizzo

Committee Member (theses and dissertations)

1999 - 2000 Dena Deglau, (Sport Studies)
 2001 Molly McKenna (Educational Psychology)
 2003- 2006 Joe Hinton (Geography)
 2006-2007 Janine Parisi (Educational Psychology)
 2006-2010 James Barkley (Recreation, Sport & Tourism)
 2007-2010 Leticia Malavasi (Kinesiology)
 2009-2010 Jeremy Robinett (Recreation, Sport & Tourism)
 2008-2010 Grace Yan (Recreation, Sport & Tourism)
 2010 - 2012 Andrew Kerins (Recreation, Sport & Tourism)
 2010 – 2011 Cale Magnuson (Recreation, Sport & Tourism)
 2010 – 2013 Changsup Shim
 2012 - Azwin Aksan
 2013 - Julie Bobitt
 2014 - Isabel Sanchez

Professional, University and Public Service

Professional Societies

Illinois Park and Recreation Association (IPRA)
 Community Development Society (CDS)
 Gerontological Society of America (GSA)

National Recreation and Park Association (NRPA)
American Society on Aging (ASA)
World Leisure Organization (WLO)

Journal Associate Editor

1999 - Associate Editor, *Journal of Park and Recreation Administration*
2013 – Associate Editor, *Leisure Sciences*

Ad-hoc Reviewer

Aging and Mental Health
Children, Youth and the Environment
Health Promotion Practice
Journal of Applied Gerontology
Journal of Leisure Research
Journal of Park and Recreation Administration
Journal of Public Health Management and Practice
Journal of Travel Marketing
Landscape and Urban Planning
Leisure Sciences
Therapeutic Recreation Journal

External Grant Reviews

Nova Scotia Health Research Foundation
National Research Foundation of Korea (NRF)

Review Coordinator/Associate Editor

- 2012 Guest Co-Editor: Leisure and transitions over the lifespan: *Journal of Park and Recreation Administration*
- 2012 Review coordinator: leisure and lifespan section: NRPA Leisure Research Symposium
- 2011 Review coordinator: leisure and aging section: NRPA Leisure Research Symposium
- 2010 Review coordinator: physical activity and physicality section: NRPA Leisure Research Symposium
- 2007 Symposia Co-Chair Annual Meeting of the Gerontological Society of America.
- 2007 Reviewer for the leisure and lifespan section of the NRPA Leisure Research
- 2006 Symposia Co-Chair Annual Meeting of the Gerontological Society of America.

- 1999 Served as an associated editor for four manuscripts submitted to the Journal of Park and Recreation Administration; reviewed two manuscripts for the Journal of Leisure Research
- 1998 Reviewer for the Leisure and Lifespan section of the NRPA Leisure Research Symposium.

University Service:

- | | | |
|----------------|---|--|
| 2010 – Present | Subcommittee for Student Discipline
Office of Student Conflict Resolution | University of Illinois |
| 2010- Present | Academic Senate – Senator | University of Illinois |
| 2010 – Present | Annual Faculty/Staff Seminar
Planning Committee | University of Illinois |
| 2010 - Present | Graduate Committee Member | Department of Recreation,
Sport & Tourism |
| 2005 – Present | Extension Information Technology &
Communication Services Advisory Council | University of Illinois
Extension |
| 2004 – 2008 | National Leisure and Health Summit
Organizer & Steering Committee Member | National Recreation.
& Park Association |
| 2002 – Present | Extension – Community and Economic
Development Team | University of Illinois
Extension |

Professional Service

- | | | |
|----------------|---|---|
| 2011 – Present | Board Member | WTS International |
| 2010 - Present | Physical Activity Work Group Co-Chair
Osteoarthritis Action Alliance | Arthritis Foundation |
| 2010 | Expert Panelist
Policies & Environmental Strategies
to improve physical activity for people
with arthritis | Arthritis Foundation &
CDC |
| 2013 - | Past Chair, Education Network | National Recreation & Park
Association |
| 2011 – 2013 | Chair, Education Network | National Recreation & Park |

		Association
2010 – Present	Board Member	Consortium for Older Adult Wellness
2010 – Present	IPRA College & University Relations Committee: Co-chair	Illinois Park & Recreation Association
2002 – 2006	Research Advisory Council	Illinois Association of Park Districts
2002-2007	Select Commission of Recreation for Individuals with Disabilities	Illinois Attorney General's Office
2001-2004	Cardiovascular Health Task Force	Illinois Department of Public Health
2000-2002	Guest Editor for a special issue of the <i>Journal of Park and Recreation Administration</i>	Academy of Parks and Recreation Administrators

Public Service

2013-	Director, Illinois Health Care Reform Initiative
2010-	Mobile Mutts Rescue Transport
2010-	I-Promise Mentor, University of Illinois I-Promise Program
2007-	Director, Take Charge of Your Health: Live Well Be Well
2002-2006	Director, Illinois Senior Wellness Initiative
2001-2006	Director, Illinois Rural Recreation Development Project
2002-Present	Assisting with ongoing public park and recreation development
2002-Present	Conducted six community recreation needs assessments/evaluations for community park and recreation agencies in Illinois.

Awards and Recognition

2012	Illinois State University College of Applied Science & Technology (CAST) Academy of Achievement Award
2007	Emerging Graduate Professional Award: Penn State University

- 2005 Innovative/Outstanding Program Award: Team. (Illinois Senior Wellness Initiative). University of Illinois Extension.
- 2003 Innovative/Outstanding Program Award: Team. (Camp Clover). University of Illinois Extension.
- 2003 Selected to represent leisure/parks and recreation scholars at the Active Living Research Seminar sponsored by the Robert Wood Johnson Foundation
- 2000 Outstanding Faculty Instructor Award: Kent State University Freshman Orientation Program
- 2000 Nominated for the Academy of Parks and Recreation Administrator's Externship Program.
- 2000 Faculty Excellence Awards: merit awarded for research and teaching/university service.
- 1999 Outstanding Team Teaching Award: Kent State University Freshman Orientation Program.
- 1999 Faculty Excellence Awards: merit assigned in scholarship of research and teaching/university service.