

CYNTHIA J. WACHTER

CURRICULUM VITA

Work Address: University of Illinois • 104 Huff • Champaign, IL 61820 • phone: 217.333.4410

Home Address: 1011 W. Daniel • Champaign, IL 61821 • phone: 217.359.5820 • cwachter@illinois.edu

EDUCATION

- Ph.D. University of Illinois-Champaign, 1993 (Leisure Studies/Leisure Behavior)
- M.S. University of Illinois-Champaign, 1988 (Leisure Studies/Therapeutic Recreation)
- B.S. University of Illinois-Champaign, 1983 (Leisure Studies/Therapeutic Recreation)

PROFESSIONAL EXPERIENCE

August 2001 to present (full-time Aug 01-Dec 04; part-time Jan 05 to present)

Visiting Lecturer, Department of Recreation Sport and Tourism

University of Illinois, Champaign, IL

August 1998 to May 2001

Assistant Professor, Department of Health, Physical Education and Recreation

Illinois State University, Normal, IL

August 1994 to August 1998

Instructor, Department of Health, Physical Education and Recreation

Illinois State University, Normal, IL

December 1986 to present

Freelance Sign Language and Oral Interpreter, Champaign, IL

March 1986 to May 1988

Therapeutic Recreation Specialist, Parkside Lodge of Champaign/Urbana, IL

June 1984 to August 1985

Activity Therapist II, Chicago Read Mental Health Center, Chicago, IL

October 1983 to June 1984

Therapeutic Recreation Specialist, Lovellton, Elgin, IL

May 1983 to September 1983

Therapeutic Recreation Intern, Sunburst Youth Homes, Neillsville, WI

July 1982 to May 1983

Assistant Director of Activities, Family Tree Care Center, Champaign, IL

SCHOLARLY PRODUCTIVITY

Publications: Refereed Journal Articles

- Klitzing, S., & Wachter, C. (2005). Benchmarks for the delivery of inclusive community recreation services for people with disabilities. *Therapeutic Recreation Journal*, 39(1), 63-77.
- Wachter, C., & McGowan, A. (2002). Inclusion practices of special recreation agencies in Illinois. *Therapeutic Recreation Journal*, 36(2), 172-185.
- Turco, D.M., Wachter, C.J., & Lim, C. (2001). A comparison of leisure constraints for Korean and United States Generation X. *Journal of the International Council for Health, Physical Education, Recreation, Sport, and Dance*, 37(3), 58-64.
- Wachter, C.J. & Kelly, J.R. (1998). Exploring VCR use as a leisure activity. *Leisure Sciences*, 20(3), 213-227.
- Wachter, C. J. (1994). The influence of communication mode on the leisure behavior of adults who are deaf. *Therapeutic Recreation Journal*, 28(4), 213-220.

Non-refereed Publications

- Wachter, C. J. & Bonifield, Rhonda L. (1999, May). Assessment and technology: A preliminary discussion to bridge the gap between theory and practice. *Special Issue: Parks and Recreation*, 34(5), 82-85.
- Yoder, D., Weber, J. & Wachter, C. (1999, January/February). Student perceptions of leisure service careers. *Illinois Parks and Recreation*, 30(1), 17-20.
- Wachter, C. J. (1998). Zapping. In *Popular Culture in the United States*. Santa Barbara, CA: ABC-Clio.
- Wachter, C. J. (1998). Couch potato. In *Popular Culture in the United States*. Santa Barbara, CA: ABC-Clio.
- Wachter, C. J. (1998). Bar-code programming. In *Popular Culture in the United States*. Santa Barbara, CA: ABC-Clio.
- Wachter, C. J. (1998). People for better television. In *Popular Culture in the United States*. Santa Barbara, CA: ABC-Clio.
- Wachter, C. J. (1997, July/August). Investing in interns. *Illinois Parks and Recreation*, 28(4), 17-19.
- Wachter, C. J. (1996, November/December). Are you ready to employ our technology-savvy grads? *Illinois Parks and Recreation*, 27(6), 32-33.
- Mathieu, M. & Wachter, C. (1992). Journalizing: Perks and pitfalls. *Expanding Horizons in Therapeutic Recreation*, 14, 309-324.

Published Abstracts

Wachter, C. (2002). TV leisure: Decoding prime-time sitcoms [Abstract]. *10th Canadian Congress on Leisure Research Book of Abstracts* (p. 331-333), Alberta, Canada..

Wachter, C. (1996, December). The VCR as media and time manager [Abstract]. Proceedings of the *New Strategies for Everyday Life: Work, Free Time and Consumption Conference, Tilburg, The Netherlands*.

Wachter, C. (1996, October). Using the VCR to prioritize life activities [Abstract]. Proceedings of the *National Congress for Recreation and Park Symposium on Leisure Research* (p. 72). Kansas City, MO: National Recreation and Park Association.

Wachter, C. (1992, October). The movie experience: A comparison of cinema and home video [Abstract]. Proceedings of the *National Congress for Recreation and Park Symposium on Leisure Research* (p. 45). Cincinnati, OH: National Recreation and Park Association.

Refereed Book Reviews

Wachter, C.J. (1996). [Review of the book *Work and leisure in the 21st Century: From production to citizenship*]. *Journal of Applied Recreation Research*, 21(3), 265-273.

Work in Progress

Wachter, C. Television leisure: Limiting or limiting for people with disabilities. Planned for submission to *Therapeutic Recreation Journal*, May 2003.

Wachter, C. Identifying motivations for and satisfactions of participation in segregated and inclusive recreation activities.

Wachter, C. A comparison of inclusion program effectiveness--participants and providers.

Wachter, C. The relationship between mediated leisure information and preference for leisure activities.

SCHOLARLY PRODUCTIVITY

Presentations: Refereed

Wachter, C. (2002, May). TV leisure: Decoding prime-time sitcoms. *10th Canadian Congress on Leisure Research*, Edmonton, Alberta, CA.

Wachter, C. (2000, October). *Watch live or tape? VCR owners discuss the significance of viewing 'live' television*. Research presentation at the National Recreation and Park Association Congress, Leisure Research Symposium, Phoenix, AZ: National Recreation and Park Association.

- McGowen, A. & Wachter, C. (1999, September). *A description of inclusion processes in special recreation associations in the state of Illinois*. Research presentation at the American Therapeutic Recreation Association Conference, Research Institute, Portland, OR.
- Wachter, C. (1998, February). *Creating and using an interactive web page for recreation history*. Poster session presented at the annual meeting of the Illinois Association for Professional Preparation in Health, Physical Education and Recreation, Monticello, IL.
- Wachter, C. (1996, December). *The VCR as media and time manager*. Research presentation at the New Strategies for Everyday Life: Work, Free Time and Consumption Conference, Tilburg, The Netherlands.
- Wachter, C. (1996, October). *Using the VCR to prioritize life activities*. Research presentation at the National Recreation and Park Association Congress, Leisure Research Symposium, Kansas City, MO: National Recreation and Park Association.
- Wachter, C. (1992, October). *The movie experience: A comparison of cinema and home video*. Research presentation at the National Recreation and Park Association Congress, Leisure Research Symposium, Cincinnati, OH.
- Wachter, C. (1988, April). *The relationship between mode of communication, leisure participation and leisure satisfaction of the adult deaf individual*. Research paper presented at the Midwest Symposium on Therapeutic Recreation - Research Symposium, Lake Geneva, WI.

Presentations: Invited

- Wachter, C. (2014, April 19). *Public parks as a contributor to community livability*. Campus Middle School for Girls, Urbana, IL.
- Wachter, C. (2002, April 12). *Leisure on TV: Limiting or liberating*. Marty Minter Memorial Lecture, Gallaudet University, Washington D.C.
- Wachter, C. (1999, March). *Time management*. Training session presented to the Champaign Park District, Champaign, IL.
- Wachter, C. (1996, January). *Stop, look and listen: Communication techniques to foster individual responsibility*. Educational session presented at the Illinois Inter-Agency Athletic Association Conference, Urbana, IL.
- Wachter, C. (1988, April). *Results of research on adult hearing-impaired individuals' leisure behavior*. Research paper presented at the Therapeutic Recreation Research Colloquium, Illinois State University, Normal, IL.

Wachter, C. (1988, January). *Therapeutic recreation and eating disorders*. Parkside Medical Services Corporation, Park Ridge, IL.

Presentations: Non-refereed Presentations/Workshops/Panel Presentations

Wachter, C., Klitzing, S.W. (2005, April). *Take back your time*. Educational session presented at the Midwest Symposium on Therapeutic Recreation - Research Symposium, Springfield, IL.

Wachter, C. (2001, April). *Popular conceptions of "appropriate" leisure*. Educational session presented at the Midwest Symposium on Therapeutic Recreation, St. Louis, MO.

Wachter, C., Klitzing, S.W., Rinehart, M., Jaquins, N., & Dudley, T. (2001, April). *Understanding therapeutic recreation practice models*. Educational session presented at the Midwest Symposium on Therapeutic Recreation, St. Louis, MO.

Eckhardt, M., Jandura, M., Wester, E., & Wachter, C. (2000, March). *TV and leisure*. Undergraduate Research Symposium, Illinois State University, Normal, IL.

Wachter, C. (1998, October). *Therapeutic recreation: What you can't learn in class*. Illinois Park and Recreation Association Student Conference, Urbana, IL.

Wachter, C. (1998, October). *Therapeutic recreation*. Illinois Park and Recreation Certification Board's CLP Exam Study Session, Aurora, IL.

Wachter, C. (1998, April). *Recreator or therapist: Wearing two hats at the same time*. Educational session presented at the Midwest Symposium on Therapeutic Recreation, Springfield, IL.

Yoder, D., Weber, J. & Wachter, C. (1998, January). *Higher education and public parks and recreation: Student perceptions of employment*. Educational session presented at the Illinois Park and Recreation Association Conference, Chicago, IL.

Wachter, C. (1996, April). *Sign language: Beyond the basics*. Educational session presented at the Midwest Symposium on Therapeutic Recreation, St. Louis, MO.

Wachter, C. & Malik, P. (1995, April). *Giving back to the profession: Preparing future professionals*. Educational session presented at the Midwest Symposium on Therapeutic Recreation, Springfield, IL.

Wachter, C. (1994, April). *The social context of TV and VCR viewing*. Research presentation at the Popular Culture Association Conference, Chicago, IL.

Wachter, C., Reiner, L. & White, P. (1992, February). *Therapeutic recreation internships and clinical experiences*. Educational session presented at the Illinois Parks and Recreation Association Conference, Chicago, IL.

Mathieu, M. & Wachter, C. (1991, May). *Journalizing: Perks and pitfalls*. Educational session presented at the Midwest Symposium on Therapeutic Recreation, Oconomowoc, WI.

Mathieu, M., Wachter, C. & Atteberry-Rogers, M. (1991, January). *Family leisure*. University of Illinois, Office of Recreation and Park Resources, Mt. Vernon, IL.

Wachter, C. (1990, April). *Communication needs of the hearing-impaired: Implications for therapeutic recreation service*. Educational session presented at the Midwest Symposium on Therapeutic Recreation, St. Louis, MO.

Wachter, C. (1990, April). *Ethical therapeutic recreation practice?* Educational session presented at the Midwest Symposium on Therapeutic Recreation, St. Louis, MO.

Wachter, C. (1988, October). *Eating disorders - A food addiction*. Educational session presented at the National Recreation and Park Association Congress, Indianapolis, IN.

SCHOLARLY PRODUCTIVITY

Grants and Competitive Contracts: Regional/State Submissions

Wachter, C. & Turco, D.M. (1999). Collaborating with recreation and community services. Illinois Council for Developmental Disabilities. (not awarded).

Grants and Competitive Contracts: Private Agency Submissions

Wachter, C. & Turco, D.M. (1998). Investigation of therapeutic recreation service delivery systems in America's largest cities. Chicago Park District (\$4,023.00 awarded).

Grants and Competitive Contracts: Illinois State University Internal Submissions

Wachter, C. (1997). Recreation History Web Project. College of Applied Science and Technology, Instructional Technology Summer Grant Program (\$1,000 awarded).

TEACHING ACCOMPLISHMENTS

Courses Taught

University of Illinois

RST 100, Society and Leisure
RST 110, Foundations for the Delivery of Leisure Services
RST 200, Leadership in Leisure Services
RST 216, Leisure and Technology
RST 280, Orientation to Practicum
RST 284, Leisure Studies Practicum
RST 300, Recreation Programming
RST 316, Leisure and Human Development
RST 329, Contemporary Issues in Leisure
RST 330, Leisure and Consumer Culture
RST 340, Leisure and Facility Management

University of Illinois – Global Campus / Online Courses
RST 501, Theories and Concepts of Leisure

Illinois State University

HPR 170, Introduction to Leisure and Recreation
HPR 175, Leisure and Society
HPR 270, Recreation for People with Disabilities
HPR 273, Introduction to Therapeutic Recreation
HPR 278, Professional Issues in Recreation
HPR 373, Leisure Education and Facilitation Techniques
HPR 378, Professional Issues in Recreation and Park Administration
HPR 398, Recreation Internship
HPR 474, Theories and Concepts of Leisure and Recreation
HPR 477, Professional Issues in Therapeutic Recreation

New/innovative/revised courses/teaching materials

Coordinated and developed a *Disability Studies Minor*, implemented Fall 2001
Professional Issues in Therapeutic Recreation-*Internet Only* (Spring 2000) - new delivery format
Created and maintained the Recreation History Project Website (Fall, 1997-Spring 2001)

PROFESSIONAL DEVELOPMENT

Editorial Responsibilities

Therapeutic Recreation Journal. Article Reviewer (1987, 1994, 2000, 2002, 2004, 2005)
Scholar. Article Reviewer (1996, 1997, 1999, 2002)
American Therapeutic Recreation Association Research Award Reviewer (1992)
Mathieu, M., Wachter, C. & Voekl, J. E. (Eds.). (1991 and 1992). *Research Into Action: Applications for Therapeutic Recreation Programming*, Vols. 8 & 9.

Scholarship Advancement Activities

Member, *Leisure Studies Diversity Research Laboratory*, University of Illinois (Fall 2001-present), a laboratory established to facilitate, produce and disseminate multidisciplinary research dedicated to understanding leisure as it relates to the richness that diversity brings to community life.

Convention/Professional Meetings Attended

Canadian Congress on Leisure Research, Nanaimo, BC, May 2005
Midwest Symposium on Therapeutic Recreation, Springfield, IL, April 2005
National Recreation and Park Association Congress, Reno, NV, October 2004
National Recreation and Park Association Congress, Tampa, FL, October 2002
National Recreation and Park Association Congress, Denver, CO, October 2001
National Recreation and Park Association Congress, Nashville, TN, October 1999
American Therapeutic Recreation Association, Portland, OR, September 1999
American Therapeutic Recreation Association, Boston, MA, September 1998
Midwest Symposium on Therapeutic Recreation, Springfield, IL, April 1998

Illinois Association for Professional Preparation in Health, Physical Education and Recreation, Monticello, IL, February 1998
Illinois Recreation and Park Association Conference, Chicago, IL, January 1998
National Recreation and Park Association Congress, Salt Lake City, UT, October 1997
Society of Park and Recreation Educators Teaching Institute, Martinsville, IN, March 1997
Midwest Symposium on Therapeutic Recreation, St. Louis, MO, April 1997
New Strategies for Everyday Life: Work, Free Time and Consumption Conference, Tilburg, The Netherlands, December 1996
National Recreation and Park Association Congress, Kansas City, MO, October 1996
Midwest Symposium on Therapeutic Recreation, St. Louis, MO, April 1996
National Recreation and Park Association Congress, San Antonio, TX, October 1995
Midwest Symposium on Therapeutic Recreation, Springfield, IL, April 1995

PROFESSIONAL SERVICE

University Committees

Coordinated the development of an interdisciplinary disability studies minor with the departments of Health Sciences, Psychology, Special Education, and Sociology, Illinois State University (began Fall 1998 – Implemented Fall 2001).
Haefner, M., McKinney, K., & Wachter, C. (1997, August). Special session for non-tenure track faculty. University Teaching Workshop, Illinois State University, Normal, IL.
Non-Tenure Track Faculty Review Committee, Appointed by the Provost, Illinois State University (Fall 1996 through Spring 1997)

College Committees

Intern Technology Pilot Project, College of Applied Science and Technology, Illinois State University (Fall 1996 through Spring 1997)

Department Committees

University of Illinois

Member, Undergraduate Curriculum Committee (Fall 2001 to Dec 2004)
Member, Banquet Committee (Fall 2001 to Dec 2004)
Member, Diversity Research Laboratory (Fall 2001 to Dec 2004)

Illinois State University

Recreation IBHE Program Review (Fall 1999-Spring 2000)
Alumni Liaison Committee (Fall 1998 to present)
Commercial Recreation Faculty Search Committee Member (Fall 2000-Spring 2000)
Esther Larson McGinnis Computer Software Committee (Spring 2000 to present)
Therapeutic Recreation Sequence Coordinator (Fall 1998 to present)
Department Faculty Status Committee (Fall 1999 to December 1999)
Co-Director, McCormick Hall Computer and Teaching Laboratory (Fall 1997 to December 1999)
Esther Larson McGinnis Student Award Committee (Fall 1994 to present)
Department Curriculum Committee (Fall 1995 through Spring 1997; Fall 1998 to present)
Jorndt Faculty/Student Research Award Committee (ad hoc) (Spring 1999)

PROFESSIONAL COMMUNITY INVOLVEMENT

External Organizations

- Chair, Training and Education Committee, National Therapeutic Recreation Society (Fall, 2001 to 2005)
- Illinois Park and Recreation Association, College and University Relations Committee (Summer 1997 to 2005)
- Illinois Park and Recreation Magazine*. Reviewer for Best Programming Article Award (1996 to present)
- Member, Champaign/Urbana Special Recreation Association Study Committee, Fall 2001-Fall 2002)
- National Recreation and Park Association, "Using technology to supplement the education of recreation and park professional" (hand out in Park Partners info distributed to all instructors of Recreation and Park curricula in the United States (Fall, 2000)
- NCTRC (National Council for Therapeutic Recreation Certification) Item Writing Committee (February 1999 to Spring 2000)
- National Therapeutic Recreation Society/NRPA--Legislative Action Committee, 1993 to 1994; Research Committee, 1993 to 1994

Internal Organizations

- University of Illinois Student Club Faculty Advisor, Association of Sport, Tourism and Recreation (STAR) (Aug 2001 – May 2003; Jan 2004-May 2005)
- Illinois State University Student Club Faculty Advisor, Park and Recreation Society (Fall 1994 to Fall 1998)

AWARDS AND HONORS

University

- State Farm Student-Athlete Academic Excellence Honoree, Illinois State University (Fall, 2000)

College

- CAST (College of Applied Science and Technology) nominee for University Teaching Initiative, Illinois State University (1999)

Department

- Lighthouse Award, Illinois State University (Fall, 2000)

PROFESSIONAL CERTIFICATIONS

- Certified Therapeutic Recreation Specialist (CTRS), since May 1990 (not current)
Sponsoring Organization: National Council for Therapeutic Recreation
- Sign Language Skills -- Level III, Transliterating, awarded January 1998
Evaluation by ISAS (Interpreting Skills Assessment Screening)